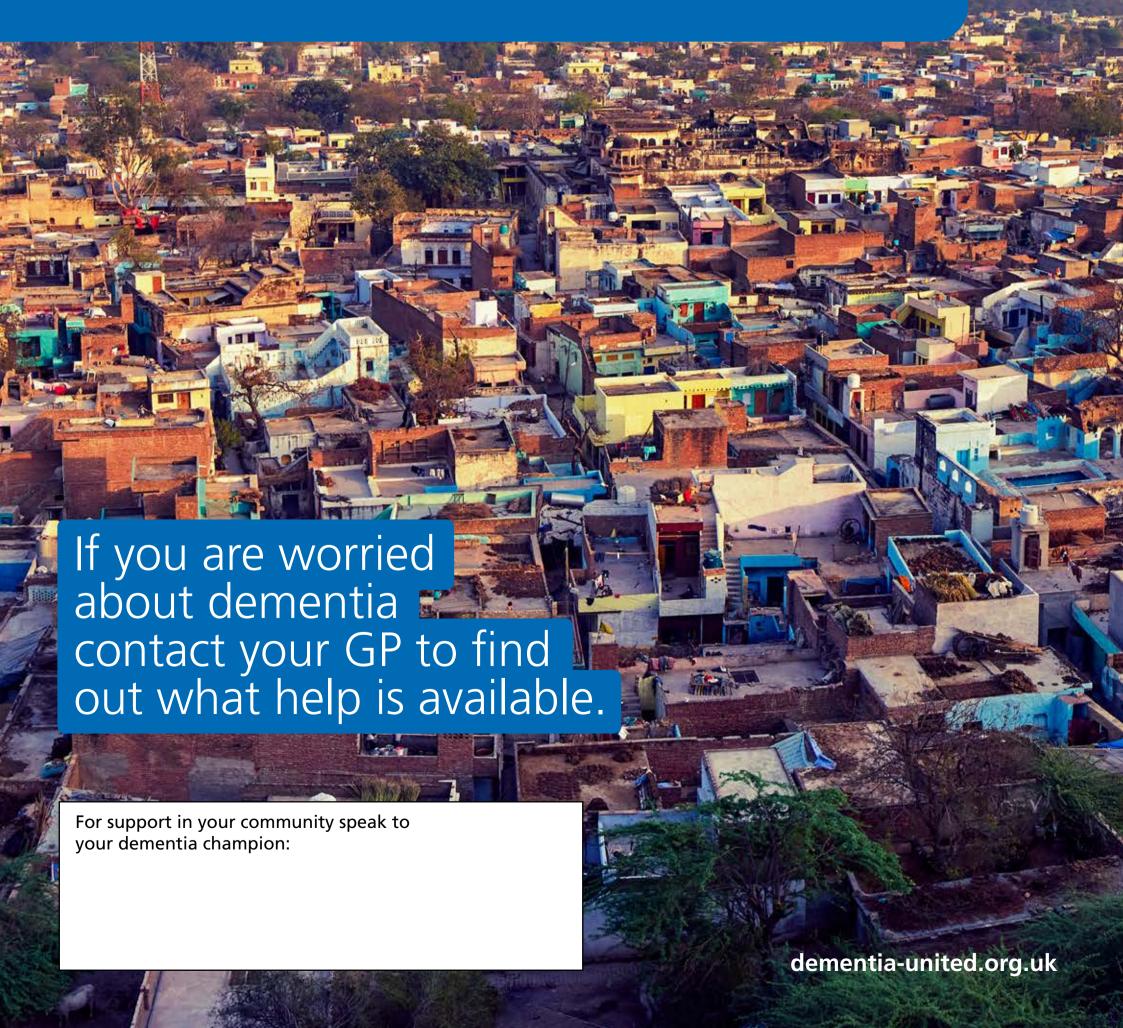




I remember where I grew up, but I struggle to remember what I had for breakfast.







I remember my first job, but I can't remember where I live.

If you are worried about dementia contact your GP to find out what help is available.

For support in your community speak to your dementia champion:

dementia-united.org.uk